



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# West Child Watch Hours

Child Watch @ West YMCA

September 6th - May 31st

3700 Silver Lake Rd.

Traverse City, MI 49684

(231) 486-6357

	MON	TUE	WED	THU	FRI	SAT	SUN
8am	Child Watch 8am - 1pm	Child Watch 8am - 1pm	Child Watch 8am - 1pm	Child Watch 8am - 1pm	Child Watch 8am - 1pm	Child Watch 8am - 1pm	
12pm							Child Watch 12pm - 4pm
4pm	Child Watch 4pm - 8pm	Child Watch 4pm - 8pm	Child Watch 4pm - 8pm	Child Watch 4pm - 8pm	Child Watch 4pm - 7pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.